



*Our Nine Basic
Compulsions*

Tad Dunne, PhD

Enneatypes Methods And Spirit Our Nine Basic Compulsions

Kathleen V. Hurley



Enneatypes Methods And Spirit Our Nine Basic Compulsions:

Enneatypes Tad Dunne, 1999-10 Enneatypes Method Spirit gives an introduction to our nine basic neuroses and a program for using it in clinical practice and pastoral counseling The first two chapters describe the history of the theory and define two key terms compulsion and spirituality The next chapter presents a method for organizing the profusion of empirical data on the types Chapter Four uses this method to give a complete account of the enneatypes including explanations on how each compulsion originates how it relates to egotism and how it may be transcended This is followed by a chapter on how to diagnose a compulsion Chapter Six presents a critique of the Naranjo Ichazo models and an introduction to a model based on the generalized empirical method of Bernard Lonergan The book closes with an essay for teenagers on How to Be

The Enneagram Spectrum of Personality Styles 2E Jerome Wagner, Ph.D., 2021-02-18 This is the best introductory book you will find on the Enneagram Wagner's guide is a clear and concise introduction to the Enneagram useful for personal exploration and as a teaching ID for workshop presenters and counselors This comprehensive book with charts exercises and bullet descriptions yields an experiential understanding of basic Enneagram principles such as Authentic values and their personality substitutes Resourceful and non resourceful cognitive emotional and behavioral schemas and how they shift under stressful and flow conditions Developmental influences The three centers of sorting and deciding The defense mechanisms principles and paradigms virtues passions and both healthy and maladaptive instincts of each of the nine Enneagram personality types For centuries and now in the light of leading edge psychology the Enneagram has helped people to recognize their predispositions motives and talents Its insights provide valuable information for those in communication business human resources therapy and personal growth This book helps you to explore the nine different hues of the Enneagram discover your own type and understand the behaviors and attitudes that are uniquely yours It is considered the most concise and easy to use introductory guide available

Essential Wholeness Eric Lyleson, 2015-05-07 Offering a unique perspective on the Enneagram Essential Wholeness describes the how human beings grow and evolve from biological psychological cultural mythological and spiritual perspectives It reveals the underlying patterns that inform these diverse disciplines and provides therapists coaches and self helpers an effective guide for therapeutic change and spiritual awakening Advance Praise for Essential Wholeness Both profound and practical this book integrates cutting edge neuroscience esoteric wisdom a heartfelt appreciation of the natural world and powerfully effective psychological methods It is genuinely brilliant Rick Hanson Ph D author of Buddha's Brain The Practical Neuroscience of Happiness Love and Wisdom Eric Lyleson has written a beautiful and helpful book on living life as a journey of awakening I highly recommend it Stephen Gilligan Ph D author of The Courage to Love Essential Wholeness provides a blueprint for understanding and working with the complexity of human nature and behavior It is an inspiring and valuable resource for therapists and anyone interested in the dynamics of personal transformation Peter Chown Psychologist Consultant NSW Centre for Advancement of Adolescent

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