

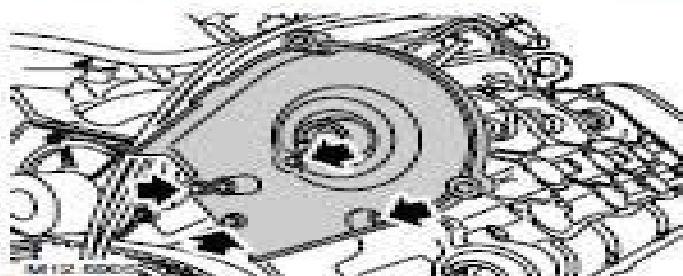


Camshafts - LH cylinder head

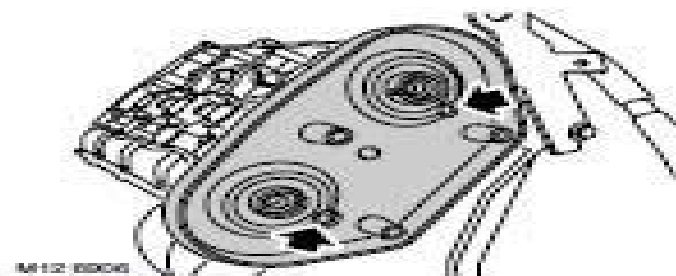
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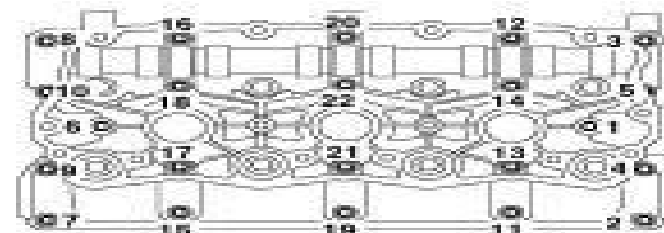
1. Disconnect battery earth lead.
2. Remove camshaft timing belt.
ES* ENGINE - K SERIES KV6, REPAIRS, Camshaft timing belt.
3. Remove LH camshaft rear timing belt.
ES* ENGINE - K SERIES KV6, REPAIRS, Camshaft rear timing belt - LH cylinder head.
4. Remove LH camshaft cover gasket.
ES* ENGINE - K SERIES KV6, REPAIRS, Camshaft cover gasket - LH - Up to 03MY.



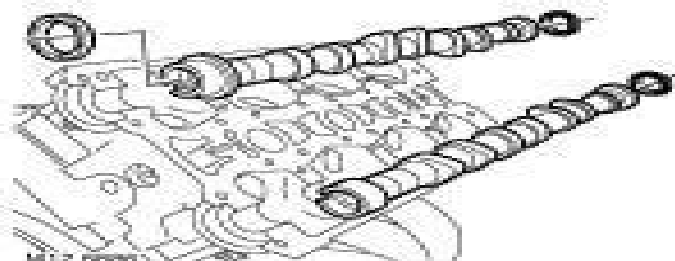
5. Remove 4 bolts and remove front camshaft drive belt cover backplate from cylinder head.



6. Remove 2 bolts securing LH rear camshaft drive belt cover backplate to cylinder head and remove backplate.



7. Using sequence shown, progressively loosen 22 bolts securing camshaft carrier to cylinder head until valve spring pressure is released, remove bolts.
8. Release camshaft carrier from dowels and remove carrier.



9. Remove camshafts and discard oil seals.
10. Using a stick magnet, remove 12 hydraulic tappets from cylinder head.
CAUTION: Store hydraulic tappets in their fitted order and store upright. Maintain absolute cleanliness when handling hydraulic tappets. Failure to observe these precautions can result in engine failure.
11. Clean camshafts and bearing running surfaces in camshaft carrier and cylinder head.
12. Inspect camshafts and replace camshafts if scored, pitted or excessively worn.
Note: Camshafts are colour coded - Inlet - ORANGE; Exhaust - BLUE.

Freelander Workshop Manual

John Harold Haynes



Freelander Workshop Manual:

Land Rover Freelander Service and Repair Manual Martynn Randall, Robert Jex, 2002 *Land Rover Freelander Petrol and Diesel Service and Repair Manual* Martynn Randall, R. M. Jex, 2007 97 Sept 03 R to 53 Softback Hardback Station Wagon inc special limited editions Does NOT cover new range introduced September 2003 Petrol 1 8 litre 1796cc 4 cyl Does NOT cover 2 5 litre V6 petrol engine Turbo Diesel 2 0 litre 1951cc DOHC 1994cc SOHC Land Rover Freelander 97-06 Owners Workshop Manual, 2014 Land Rover Freelander Workshop Manual 1998-2000 Brooklands Books Ltd, 2006-03 Detailed engine data and work instructions for both petrol and diesel fuel systems Covering K Series 1 8 petrol engines and L Series 2 0 diesel engines Plus overhaul manuals to give extra comprehensive coverage for those who need a more detailed information to enable them to carry out full maintenance service repair procedures Land Rover Freelander (Lr2) Official Workshop Manual: 2001, 2002, 2003: Covering K Series 1.8 L & 2.5 L Petrol Engines & Series 2.0 L Td4 Diesel Engine Rover Group Ltd, 2010-06-01 The Land Rover Freelander Official Workshop Manual 2001 2003 features detailed engine data work instructions for both the petrol diesel fuel systems in the Land Rover Freelander also known as the LR2 in North America The book includes coverage of the K Series 1 8 L 2 5 L petrol engines Series 2 0 L Td4 diesel engines Written and published by the Rover Group Ltd for the dedicated Land Rover service technician or owner this manual also incorporates overhaul manuals to give extra comprehensive coverage for those who need a more detailed information to enable them to carry out full maintenance service repair procedures *Land Rover Freelander (Lr2) Official Workshop Manual: 1998, 1999, 2000: Covering K Series 1.8 Petrol Engines & L Series 2.0 Diesel Engines* Rover Group Ltd, 2010-06-01 The Land Rover Freelander Official Workshop Manual 1998 2000 features detailed engine data work instructions for both the petrol diesel fuel systems in the Land Rover Freelander also known as the LR2 in North America The book includes coverage of the K Series 1 8 petrol engines L Series 2 0 diesel engines Written and published by the Rover Group Ltd for the dedicated Land Rover service technician or owner this manual also incorporates overhaul manuals to give extra comprehensive coverage for those who need a more detailed information to enable them to carry out full maintenance service repair procedures *Freelander 2001MY on*, 2002 **Freelander 2001MY on**, 2001 *VW Polo Petrol & Diesel Service & Repair Manual* R. M. Jex, 2007 Hatchback including special limited editions Does NOT cover features specific to Dune models or facelifted Polo range introduced June 2005 Petrol 1 2 litre 1198cc 3 cyl 1 4 litre 1390cc non FSI 4 cyl Does NOT cover 1 4 litre FSI engines Diesel 1 4 litre 1422cc 3 cyl 1 9 litre 1896cc 4 cyl inc PD TDI turbo Land Rover Freelander 97-06 Owners Workshop Manual Haynes Publishing, Martynn Randall, 2014-11 The British National Bibliography Arthur James Wells, 2007 Autocar, 2002 **Land Rover Owners Workshop Manual** John Harold Haynes, John S. Mead, 1980-01-01 Land Rover Owners Workshop Manual John Harold Haynes, Marcus Stewart Daniels, 1977 **Land-Rover Workshop Manual, Series II and IIA**. Rover Co., Ltd, 1969 **Counseling the Handicapped Client** Charles W. Humes, 1982 Land Rover Service and

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