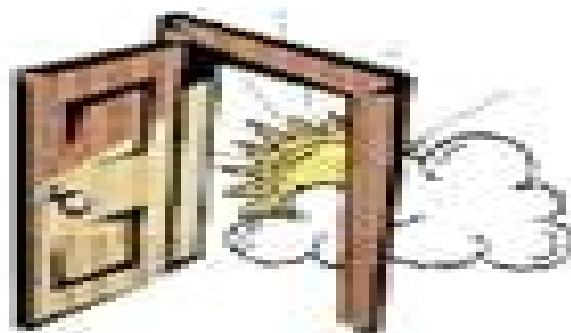


**The Freedom Programme**  
**A training manual for**  
**facilitators. To be used with**  
**'Living with the Dominator'**



Pat Croven 2014

# Freedom Programme Manual

**Michael Hoelscher**



## **Freedom Programme Manual:**

**The Freedom Programme** Pat Craven, 2013-01 Many women who are subjected to abuse from their partners or children do not understand what is happening to them. They do not need therapy but they do need the information they are given when they attend the Freedom Programme. This is a rolling group work course which informs and empowers women in this situation. It can also help to identify warning signs in a new relationship. It also explains how children are affected by domestic abuse and how their lives can improve after the abuser is removed. Also, it must be used in conjunction with Pat Craven's book *Living with the Dominator*. This manual contains details, instructions on how to facilitate the Freedom Programme which is based upon the author's experience in working with violent offenders when she was a probation officer in the UK. I love life now thanks to the Freedom Programme. Our lives are so much better now. Mummy Life is looking good again thanks to the Freedom Programme. I know I can succeed in my life now. I have found two new social work positions and I love being a working emancipated mother again. Instead of self-medicating, I now live a healthy, contented and happy life. I have a future. The Freedom Programme is now going into schools to give young girls information which could save their lives. Kelly Mattison Guardian 2009

**Freedom Programme for Men** Pat Craven, 2013 I have produced this manual in response to requests from hundreds of practitioners who have asked for a different approach to working with men who use violence against women. I am Pat Craven, a former probation officer who ran perpetrator programmes for Merseyside Probation Service in the UK between 1996 and 1998. I concluded that the programmes could have been much more successful if they were run in a different style and by a different agency which was not subjected to the same constraints as a statutory body. This manual provides detailed instructions which are simple and easy to follow. This programme is aimed at men who have volunteered to attend and many of whom have never come to the attention of authorities.

*RENEW V3.2 User's Manual, Maintenance Estimation Simulation for Space Station Freedom Program* Bruce L. Bream, 1993

**Scientific and Technical Aerospace Reports**, 1976

*Designing for Human Presence in Space* Paul O. Wieland, 1994

**Six-degree-of-freedom Program to Optimize Simulated Trajectories (6D POST). Volume 2: Utilization Manual**, 1977

*Dictionary Catalog of the National Agricultural Library, 1862-1965* National Agricultural Library (U.S.), 1968

**Monthly Catalogue, United States Public Documents**, 1994-11

**California Intellectual Freedom Handbook** California Library Association. Intellectual Freedom Committee, 1992

**Banking**, 1944

*Mountain States Banker*, 1942

*Food for Freedom Handbook* United States. Dept. of Agriculture, 1942

*Action Program for Hungary in Transformation to Freedom and Prosperity* Blue Ribbon Commission, 1990

*Illinois Banker*, 1942

*Management Information Systems: Army Catalog of Automated Data Systems* United States. Dept. of the Army, 1971

**NASA Systems Engineering Handbook** Robert Shishko, 1995

**Government Reports Annual Index**, 1977

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